



Revision Worksheet (PT III)

Subject : English

Topics : Literature -L5, P6, L6

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Grammar – Tenses, Active & Passive Voice, Modals, Vocabulary

SECTION A – UNSEEN PASSAGE

I. Read the passage and answer the given questions-

(1) Power foods are foods that provide rich levels of nutrients like fibre, potassium and minerals. With people becoming increasingly health conscious today, a lot of fitness trainers encourage their clients to include these foods in their daily diet to increase muscle development. There are various ways of incorporating power foods in your daily diet. Of course, the key to enjoying power foods is proper preparation of these foods, the use of season-fresh foods, and identifying your choice of flavour among power foods.

(2) Some of the recommended power food combinations are those that are prepared in our kitchens on a regular basis. Take for instance, the combination of chickpeas and onions. This combination is a powerful source of iron which is required by the body to transport oxygen to its various parts. Iron deficiency can lead to anaemia, fatigue, brain fog and tiredness. A study by the Journal of Agricultural and Food Chemistry says that sulphur compounds in onion and garlic help in the absorption of iron and zinc from chickpeas. The combination is a hit with teenagers who need to be diligent about getting iron in their diet. A quick way to prepare this power food is to make a chickpea salad with chopped onions, chaat masala and cilantro.

(3) Another favourite combination with power food takers is yogurt and bananas. This makes for a perfect snack after a rough game of football. Exercising burns glucose and thus lowers blood sugar. Yogurt is packed with proteins that help preserve muscle mass, and bananas are packed with carbohydrates that help in refueling energy and preventing muscle soreness. A quick and easy recipe with bananas is a banana smoothie topped with cool yogurt.

(4) Among beverages, green tea is the best source of catechins that are effective in halting oxidative damage to cells. According to researchers at the Purdue University, adding a dash of lemon juice to green tea makes the catechins even more easily absorbable by the body.

Answer the following questions-

- What are power foods?
- What do fitness trainers suggest their clients?
- What does iron deficiency lead to?
- What are the benefits of exercise mentioned in the passage?
- Why is yogurt, an enriching power food?

SECTION B -GRAMMAR

II. Do as directed.

A. Fill in the blanks with suitable form of verb-

- Abdul _____ to be a doctor. (wants, wanting, is wanting)
- The Soup _____ good. (taste, tastes, is tasting)
- He _____ out five minutes ago. (has gone, had gone, went)
- I _____ Kumar this week. (haven't seen, didn't see, am not seeing)
- Look, the sun _____ over the hills. (rises, is rise, is rising)

B. Transform the tenses of the following sentences as directed.

1. The girl sings beautifully. (Present Continuous Tense)
2. John has painted the wall. (Present Perfect Continuous Tense)
3. The bird flew away. (Simple Present Tense)
4. I visited the museum last week. (Future Continuous Tense)
5. The baby slept all night. (Present Perfect Continuous Tense)

C. Rewrite the sentences from active to passive voice-

1. She is singing a melodious song.
2. Boys are flying kites in the garden.
3. She has completed her Science project.
4. They built a house.

D. Rewrite the sentences from passive to active voice-

1. The tickets were confirmed by us.
2. Black bike is cleaned by him.
3. He was not kicked by Dina.
4. The burglar has been arrested by the cops.

E. Fill in the blanks using appropriate modals

1. I _____ cook dinner for everyone tonight. (can/could/ should)
2. The patient _____ be taken to the hospital right away. (must/may/ can)
3. _____ (May/Might/ Shall) your dreams come true.
4. Everyone _____ pay their taxes. (must/should/could)
5. I _____ (may/might/will) not be able to attend the party.

F. Choose the correct option -

1. What is the synonym of the word peculiar?
a. strange b. similar c. ordinary
2. Synonym of precarious-
a. safe b. dangerous c. lost
3. Which word of the following means 'in an disorganized manner'?
a. frantically b. bizarre c. unclear
4. Ecstasy means –
a. beautiful b. overwhelming happiness c. serene

SECTION C : CREATIVE WRITING

III. 1. Write a story from given outlines in not more than 150-200 words. Remember to give the moral of the story in the end.

An old lady becomes blind calls in a doctor agrees to pay large fees if cured doctor comes daily..... Starts stealing one piece of furniture daily delays the cure at last cures her demands his fees..... lady refuses to pay, saying cure is not complete..... doctor objects lady says sight not restored as she cannot see all her furniture moral.

2. Write an essay on - "A friend in need is a friend indeed".

3. You're the Secretary of Silver Bells Society and you're planning a New Year's Eve celebration in your neighborhood. Prepare a notice informing your neighborhood's residents about the function. Include all the necessary details about time, venue and theme.

SECTION D: LITERATURE

IV. Reference to context

I love to rise in a summer morn,
When the birds sing on every tree;
The distant huntsman winds his horn,
And the skylark sings with me.
O! What sweet company.

Answer the following questions from the given extract-

1. Who is the speaker here?
2. What is the mood of the speaker here?
3. What is the meaning of "distant"?
4. The skylark sings with me. Change the sentence into Past Continuous.

V. Answer in short in about 30-40 words.

1. What three qualities played a major role in the author's climb?
2. How do the little ones spend the day in the school?
3. What happened to the dead doe?

VI. Answer the following in about 50-60 words.

1. What does the title mean, "The Summit Within"?
2. State the things that delight the boy in the poem.
3. How did Jody look after the fawn, after he accepted the responsibility for doing this?

VII. Answer the following in detail in about 80-100 words.

1. Why did Major choose to climb the mountain? Answer in relevance with his personal choice.
2. Write summary of the poem "The School Boy".
3. Penny said 'You are smarter than boys of your age'. Why did he say so?