

## SNBP International & Senior Secondary School, Chikhali, Pune.

## Affiliation No. 1130703Academic session 2024-25 WORKSHEET 1

(PT 1 - TERM 1)

Grade- IV

Div SUBJECT: Science Prepared by: Ms. Shweta N.L.No. 1 Topic: Food we eat
Q1. Fill in the blanks:
1. Cooking makes food
2. Food can be either eaten or can be
3. For organ systems to work properly, we need special substances called
4. About of our body weight is water.
5. The food we eat everyday is called our
Q2. Name the following:
1. Name any two methods of food preservation.
Ans:
2. Write any two examples of carbohydrates.
Ans:
3. Give two examples of roughage.
Ans:
Q3. Answer the following:
1. Name two nutrients that keep the body warm.
Ans:
2. Name any two microbes.
Ans:

3. Why is roughage in	mportant?		
Ans:			
4. How can microbes	be useful to us?		
Ans:			
5. Why does our body our body.	need vitamins a	nd minerals? Name two imp	portant minerals needed by
Ans:			
Subject Teacher	H.O.D.	Co- ordinator	Principal