



Name - _____

Div - _____

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SUBJECT :English

L.No. 2 Topic : Popo's Place

Q1. Read the passage and answer the following questions:

Healthy food is important for our bodies to grow strong and stay healthy. Fruits and vegetables are some of the healthiest food we can eat. They come in many different colors and flavors. Apples, oranges, carrots, and broccoli are just a few examples of these nutritious foods. They are packed with vitamins and minerals that help us stay energized and keep our immune system strong. Eating healthy foods also helps us to have strong bones and teeth. So, next time you are hungry, reach for a delicious and nutritious fruit or vegetable!

1) Why is healthy food important?

(a) to run (b) to sleep (c) to grow strong and healthy (d) to play

2) What are the examples of nutritious food?

(a) chips and biscuits (b) ice-creams and cakes (c) Apples and carrots (d) pizza and burger

3) _____ help us to stay energized and keep our immune system strong?

(a) calcium (b) sodium (c) protein (d) vitamin and minerals

4) Name 1 examples of healthy food.

5) write the opposite of "healthy"

Q2. Underline the verbs in the sentence and write **past**, **present** or **future** for them

(a) She works in London.

(b) I washed the dishes.

(c) You'll get the answer by post.

(d) We go to the beach on weekends.

(e) Sam cooked a tasty dinner yesterday.

(f) I will be writing the letter tomorrow.

(g) They play tennis in the park every afternoon.

(h) My mother bought a dress for me.

(i) I will be helping my mother to make breakfast.

Read the passage.

Gita was the youngest in her family. She had two elder brothers. They treated her like a baby. They would not take her to places with them. "You are too young," they said. "You should stay at home." "I am old enough!" Gita said. But they did not listen. One day, Gita was playing outside on the swings. A boy with no helmet rode by on a bicycle. He hit a big stone on the road. The bicycle fell and the boy landed on his head. The boy sat up and held his head. He was hurt. Gita jumped from the swing. "I will get help," she told the boy. Gita ran into the house. She grabbed the phone and dialled emergency. She told the person who answered what she had seen. Down the road came an ambulance! It took the boy to the hospital. "Gita, you did well!" her brothers said.

1 Tick the correct answers.

A. What makes Gita upset?

- i. Her mother will not take her to town.
- ii. Her brothers treat her like a baby.
- iii. She cannot use the phone.

B. Gita shows that she can .

- i. get help
- ii. ride in an ambulance
- iii. help the doctor
- iv. ride a bicycle

C. Where does the boy get hurt?

- i. at the hospital
- ii. in Gita's house
- iii. on a street near a shop
- iv. in front of Gita's house

D. The boy on the bicycle

- i. is friends with Gita
- ii. is wearing a helmet
- iii. should have been wearing a helmet
- iv. asked Gita to call emergency.

3. In which tense is the sentence "Gita ran into the house." written?

4 Write the sentence "Gita ran into the house" in the present tense
